



**Yellowstone County Extension Office**  
<http://www.co.yellowstone.mt.gov/extension/county4h/>  
**Courthouse Room 106**  
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**Billings MT 59107-0521**  
**406.256.2828 Fax: 406.256.2825**

## SEPTEMBER 2011

### 4-H FOLKS IN FOCUS

Thanks to all 4-H members, parents and other volunteers who made MontanaFair 2011 a success. Many individuals and businesses help support 4-H and the fair. They were listed on the back page of the awards program. Let them know they are appreciated.

Special thanks to the department heads, division chair people and clerks. It couldn't happen without you!

Last month we missed recognizing Hope Martin and Moriah Miller as Dept. N fair clerks.

Roni Baker  
Yellowstone County 4-H/Youth Agent

### 4-H ENROLLMENT

Enrollment packets, which include the 2011-2012 4-H Clover Project Selection Guide, enrollment forms, etc., will be ready to be picked up at the Extension Office by your club's Organizational Leader **after 12:00 PM** on Friday, September 2<sup>nd</sup>. The Clover has been revised and includes several changes.

### CLOVERBUD CAMP

Cloverbud Camp was held at Homesteader Hall on July 29<sup>th</sup>. The theme was "Superheros", and kids participated in different workshops including capes, picture frames and masks. These Superheros in training chased villains with Silly String capturing them for jail! Thanks to

everyone who made this a super fun day.

#### Camp Participants

Mary Baeten, Rose Baeten, Madason Bender, Hannah Bickel, Leah Bickel, Steven Burkhardt, Hunter Byxbe, Bookelyn Fulton, Colton Hutzenbiler, Miranda Johnson, Gus Krum, Josee Krum, Brighton Lane, Cooper Lane, Hailey Matthews, Macee Murphy, Preston Openshaw, Macee Pearson, Kyle Robertus, Samuel Rollins, Bailey Stott, Marie Stott, Ryan Weber, Jordyn Whitmus, Abby Wittorff, Jocelyn Wolcott, and Ian Wollschlager.

#### Adults, Ambassadors & Jr. Leaders who made the day a success.

Carrie Krug, Christopher Lanaghan, Blake Lanaghan, Jane Ryan, Jasmine Drange, Spencer Drange, Hope Martin, Dustin Huntington, Roni Baker, Chris Martin, Nancy Byxbe, Dixie Osborne, Melody Harris, and Jodi Drange.

### WEBSITE AND FACEBOOK

Remember to check the Yellowstone County website at [www.co.yellowstone.mt.gov/extension/counth4h/](http://www.co.yellowstone.mt.gov/extension/counth4h/) when looking for forms and information. You will find photos of recent events and reminders of upcoming activities on the Yellowstone County 4-H Facebook page. If you have not visited this page and clicked "like", please do so soon! Remember the website requires the username: green and password: clover to view photos.

### 4-H COFFEE FOR SALE

Remember 4-H is selling bags of pre-ground City Brew coffee! 4-H cost for the coffee is \$7.00 per bag and the bags sell to for \$10.00. Clubs/individuals can sell coffee to raise funds for club events, exchange trips, etc. They make great gifts for your livestock buyer, your school teacher, your neighbors. Call the office for more info.



**MONTANA**  
STATE UNIVERSITY

**EXTENSION**

## FAMILY FUN NIGHT

The first meeting for Family Fun Night will be on Tuesday, Sept. 27<sup>th</sup> at 6:00 p.m. in Room 105 of the Courthouse. You will pick up raffle tickets at this meeting. Family Fun Night will be Saturday, November 19<sup>th</sup> at MetraPark. (jbk7/12/99)

**Every club needs to have a representative at this first meeting** or they may not be able to get the booth that they have had in the past. If you have any questions, contact either Nancy Byxbe at 967-2227 or Roni at the Extension Office prior to this meeting.

## LEADER/PARENT BBQ

All Parents and Leaders are invited to the annual Leader/Parent BBQ to be held Saturday, October 1<sup>st</sup> at 6:00 p.m. at the Yellowstone Room, MetraPark. Brenda Hermanson will be cooking up her famous Brazilian Barbecue. Please bring a dish (dessert or salad) to share & your own drinks.

## JUNIOR LEADERS

Junior Leaders will meet on Thursday, Sept. 8<sup>th</sup> at 6:00 pm in Courthouse Room 105 for snacks, drinks and games. Anyone 13 or older is invited to attend! If you have questions or concerns, call Lacey @ 628-1075.

## 4-H ONLINE

Have you checked out the Yellowstone County Website at [www.co.yellowstone.mt.gov/extension/county4h/](http://www.co.yellowstone.mt.gov/extension/county4h/)? On our website you can print out record sheets, enrollment forms, look at the projects available, learn about the 4-H Foundation, get 4-H logos, learn about Montana 4-H and 4-H in other states. Check it out!

## GET FIT 4-H

Back to school means hungry kids. Snacks play an important role in healthy eating so make sure there are always healthy snacks available to help growing youth get all the nutrients they need each day. Snacking can help meet nutrient needs with low-fat, low-sugar, nutrient dense foods. Have plenty of fruits, vegetables, nuts,

whole grain and low-fat dairy products on hand to satisfy these hungry youth.

Remind family members that to avoid illness, always thoroughly **wash hands** when preparing food or eating.

## GOOD DEED BOX

The following names were placed in the "good deed box" in the Expo Center. These young people were kind, helpful, courteous and friendly. I know MANY others should be recognized also but I wanted to list the names in the box!!!! You know if your name should be listed.

Brydan Andersons  
Shaylee Barthuly  
Sky Caufield  
Spencer Drange  
Carson Huntington  
Lacie Johnson  
Christopher Lanaghan  
Dalton Lemburg  
Moriah Miller  
Shelbie Oblander  
Emily Rath  
Ryan Sweeney  
Jena Wagner

Shaylynn Austin  
Morgan Brumfield  
Nicole Downey  
Drew Gerber  
Brooke Johnson  
Wyatt Kramer  
Josie Larsen  
Hope Martin  
Cearra Oblander  
Andrew Rath  
Jamie Swanke  
Cody Thatcher

## NATIONAL 4-H WEEK OCTOBER 2-8, 2011

National 4-H Week - October 2<sup>nd</sup> – 8<sup>th</sup>, 2011 - is fast approaching. This year the focus for [National 4-H Week](http://www.national4hweek.org/) is on the new brand campaign *Join the Revolution of Responsibility*.

The Revolution of Responsibility is a movement for positive change in every community in America. The campaign illustrates how 4-H youth are breaking through obstacles and pushing our country forward by making a measurable difference right where they live. You can download kit materials from [www.4-hbrandnetwork.org/](http://www.4-hbrandnetwork.org/)

## TRIBUTE TO EXCELLENCE DUE

All Tribute to Excellence applications are due (in hand, not postmarked by) at the state office by September 15<sup>th</sup>.

This award acknowledges leaders who have made a unique, innovative, special contribution or impact to the 4-H program. Each county may nominate one leader, and one leader from each district (eight total) will be selected to receive the Montana Tribute to Volunteer Excellence Award. Recipients of this award will have their registration fees for the Montana Leadership Forum waived, the opportunity to attend and participate in all the Forum events, the chance to meet and interact with other award winners, and will be recognized for their efforts at the Saturday luncheon. Applications are available at the Extension Office.

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## FAIR PREMIUM CHECKS

Please note that checks will be mailed in approximately 30 days. Also note that checks will be **voided 120 days after issue date. MetraPark will be enforcing the 120 day cancellation notice.** Any checks not remitted for deposit/cash will be null and void after issue date has expired. **All mix-ups need to be fixed before this date.**

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## SHOOTING SPORTS LEADER TRAINING

A shooting sports leader training is scheduled for September 9<sup>th</sup> & 10<sup>th</sup> in Great Falls, MT. Registration deadline is September 6<sup>th</sup>.

This training includes all disciplines. Registration forms and the required pre-test are available online on the Yellowstone County 4-H website or in the Extension Office. Questions: Contact the 4-H Office at 256-2828.

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## 2011 HERDSMANSHIP WINNERS

Horse - Shepherd Pioneers	Poultry - Ruff Riders
Rabbit - Kountry Kritters	Sheep - Worden Riverdale
Goat - Laurel Roadrunners	Beef - Worden Riverdale
Swine - Huntley Eagles	Llama - Cool Clovers
Cavy - Huntley Eagles	Overall - Huntley Eagles

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## ALBERTA LEADER'S FORUM

Each year Montana Leader's Council sends 8 leaders to the Alberta Leader's Forum. Part of the delegate travel expenses are paid for by the Montana 4-H Council.

Delegates will be responsible for some travel expenses to the Conference. It is a wonderful opportunity to learn new 4-H program ideas for you club and country. The next Forum will be held January 13 ~ 15, 2012. Applications are available in the Extension Office and the county 4-H website.

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## BLACK HILLS LEADERS LABORATORY

October 1 ~ 7, 2011 are the dates for this year's event in Custer, SD. This camp is for adults and teens 16 and older. It teaches leadership and personal growth through recreation. Complete information and registration forms can be found at the Black Hills Recreation Leaders Lab facebook page or you may call Karen Ward @ 406-932-6747 or Susan Michalakes @ 401-294-7209.

This is a great opportunity to develop personal and professional contacts. Event information and registration forms are available at the Extension Office and online at [www.co.yellowstone.mt.gov/extension/county4h/](http://www.co.yellowstone.mt.gov/extension/county4h/). Registrations are accepted on a first-come, first-served basis.

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## MONTANA 4-H LEADERSHIP FORUM SEPT. 23 & 24

Pack your bags for a 4-H "Adventure without Borders" at the 2011 Montana 4-H Leadership Forum on September 23-24, at Bucks T-4 Lodge in Big Sky. Open to 4-H volunteer leaders and teens, this is a great event you don't want to miss.

At the event, you will network with others from across the state, gain new skills and knowledge, and obtain new ideas to take back to your county. Highlights include a project skill-a-thon, international food, hands-on workshops and a keynote speaker. The setting is a resort like atmosphere near Yellowstone National Park and also has outdoor recreation opportunities such as hiking and fishing. Registration information is available online at the State 4-H website [www.montana4h.org](http://www.montana4h.org). Select "Programs", "Events", "Montana 4-H Leadership Forum" and click on "get details". Look under the Downloads section for payment/registration information. A block of rooms at a special rate has been set aside until Sept. 1<sup>st</sup>. **You need to make your own room reservations.**

Anyone ready for some fun with Leader's College Lv. 2? Cody Stone will be on hand for a pre-conference workshop Friday afternoon from 1:00 to 5:00 pm, Sept. 23<sup>rd</sup>. Training will be limited to the first 25 registrants. Forms are available on the county website.

## MONTANA REC LAB PROPOSALS DUE

Workshop proposals for the 2012 Rec Lab, to be held in Lewistown, March 16-18, 2012, are now being accepted. Both teen and adult presenters are invited to submit proposals. The theme selected for the 2012 Rec Lab is **"100 Years of Green"**. We will be focusing on Montana 4-H's Centennial & how things were done in the past 100 years. Keep in mind participant age range is 13-19. Proposal entry forms are available at the Extension Office or can be printed off the Yellowstone County 4-H website. Return your proposal by October 1, 2011 to: MSU Extension Chouteau County – PO Box 459, Fort Benton, MT. 59442 or email to [chouteau2@montana.edu](mailto:chouteau2@montana.edu).

If you have questions, please call 406-622-3751.

## WESTERN REGIONAL LEADERS FORUM

Wyoming state will be hosting the 2012 Western Regional Leaders Forum on January 12<sup>th</sup> - 15<sup>th</sup>, 2012 at the Historic Plains Hotel and the Union Depot in Cheyenne. You will want to start planning now to register for a fun and exciting time under cowboy skies!

"Why do Teens Act that Way? A survival guide to the teen brain" will be the topic of the keynote address presented by Dr. David Walsh. The capnote speaker will be from the Center for Cowboy Ethics and leadership. In between there will be over 83 hours of educational workshops so that all participants will return to their home county with new ideas, re-motivated and ready to take on a new 4-H year. Early bird registration of \$225 ends Nov. 1<sup>st</sup>.

More information is available at [http://4-h.uwyo.edu/WRLF\\_12.asp](http://4-h.uwyo.edu/WRLF_12.asp)

## SKILLATHON HELPERS

The following 4-H leaders/parents helped at Skillathon. The event could not take place without the help of volunteers like you!

Deb Barta-Grice – Project Rocin' Wranglers  
 Juanita Bonner – Lockwood Humble B's  
 Bonnie Buschard – Shepherd Tumbleweeds  
 Lauris & Nancy Byxbe – Kountry Kritters  
 Keith Dove – Kountry Kritters  
 Tanya Flowers – Huntley Eagles  
 Evan & Stephanie Johnson – Shepherd Tumbleweeds  
 Stacie Jorgenson – Shepherd Tumbleweeds  
 LeRoy Haack – Ruff Riders  
 Sheri Horsman – Shepherd Pioneers  
 Karry Knickerbocker – Kountry Kritters  
 Crystal West – Kountry Kritters  
 Stephanie Whitmus – Huntley Eagles  
 If anyone is interested in helping develop skillathon stations, please contact Roni at the Extension Office or Wendy at 656-2449.  
 ~ Wendy Thatcher, Skillathon Chairman

## 2011 APPRECIATION PLAQUE WINNERS

John Goggins	Candace Kautz
Tractor Supply–Laurel	Tractor Supply–Billings
Project Mercantile–Worden	Darby Lies
Connie Watts	

## 2011 NATIONAL SCIENCE EXPERIMENT

On October 5, 2011, millions of young people across the nation will become scientists for the day during the fourth annual 4-H National Youth Science Day (NYSD). NYSD is the premiere national rallying event for year-round 4-H Science programming, bringing together youth, volunteers and educators from the nation's 109 land-grant colleges and universities to simultaneously complete the National Science Experiment. The 2011 National Science Experiment, *Wired for Wind*, will explore how to engineer renewable energy technologies, and the positive impact that they can have in communities across the country and the world.

You can find everything you need to participate in 4-H National Youth Science Day online at [www.4-h.org/4-h-national-youth-science-day/](http://www.4-h.org/4-h-national-youth-science-day/). The site has lots of useful information, including the experiment facilitator's guide, interactive tools, event planning kits and much more. Plus, new features, information and promotions will be added during the weeks leading up to October 5<sup>th</sup>, so make sure to register to receive event updates today.

## 4-H SUPPORTERS

Many businesses and organizations in our community support 4-H. Each month I have been listing several of those supporters in the newsletter. I would encourage you to tell them thank you and support them in return. If you would like to submit names for this article, please send them to Roni.

PAYS	Caring Hands Vet Clinic
Lextron	West Feeds
Western Ag Reporter	Thomas Shows
Ashley Furniture Homestore	

## DEPARTMENT N NEWS ...

### FAIR BOOK CHANGES FOR 2012

#### Department N

September 1<sup>st</sup>, 6:00 pm – Post Fair Department N meeting  
October 3<sup>rd</sup> – Fair rule change proposal forms due to the Extension Office.

**November 3<sup>rd</sup>** – 6:30 pm. Dept. N fairbook changes voted on at this meeting.

**November 3<sup>rd</sup>** – 4-H Council Meeting 7:00 pm. All fairbook changes (**Department N & A**) proposed from the committees will be voted on at this meeting.

**All members, leaders and parents are encouraged to attend the meetings and voice their opinions.**

### FAIR JUNIOR COORDINATORS

The following 4-Hers took part in the Junior Coordinator Program at fair. We thank them for doing a great job.

Tyler Gomola – Yellowstone Mavericks  
Sadie Gonzalez – Worden Riverdale  
Ogden Harkins – Boots & Britches

Hanna Jandro – Explorers  
Katrina Jandro – Explorers  
Brooke Johnson – Shepherd Tumbleweeds  
Lacie Johnson – Shepherd Tumbleweeds  
Carrie Jones – Blue Creek Jumping Bucks  
Jessi Kauffman – Cool Clovers  
Jodi Kauffman – Cool Clovers  
Kaesha McNeil – Town and Country  
Kaleb McNeil – Town and Country  
Andrew Rath – City Kids  
Emily Rath – City Kids  
Joseph Sopko – City Slickers  
Morgan Sopko – City Slickers  
Darci Walker – Yellowstone Mavericks  
Alyssa Zabel – Shepherd Tumbleweeds  
Brock Zabel – Shepherd Tumbleweeds

## THANK YOU

A special thank you to Dept. N co-superintendents Chris Martin and Karen Postema as well as the Fair Clerks in Department N, Junior Coordinators, and those who helped work when they weren't scheduled. You are the spirit of 4-H. Thanks again! ~ Roni Baker

### DEPT N BOOTH WINNERS

#### Club Project Booth Winners

- 1<sup>st</sup> – Shepherd Tumbleweeds
- 2<sup>nd</sup> – City Kids
- 3<sup>rd</sup> – Kountry Kritters
- 4<sup>th</sup> – Cool Clovers
- 5<sup>th</sup> – Ruff Riders

#### Large Educational Booth Winners

- 1<sup>st</sup> – Shepherd Tumbleweeds
- 2<sup>nd</sup> – Lockwood Humble Bs
- 3<sup>rd</sup> – Yellowstone Mavericks
- 4<sup>th</sup> – Town and Country

#### Small Educational Booth Winners

- 1<sup>st</sup> – Huntley Eagles
- 2<sup>nd</sup> – Cool Clovers
- 3<sup>rd</sup> – Explorers
- 4<sup>th</sup> – Yellowstone Mavericks
- 5<sup>th</sup> – Town and Country



## CAKE WORKSHOP LEADER NEEDED

Congratulations to all of you on your fair cakes! They were awesome. Carol Corder has some upcoming commitments for the next 4-H year. She will be unable to teach the Cake Decorating Workshops. Anyone interested in taking on this leadership role, contact Roni at 256-2828.

## SHOWCASE

The first meeting for the spring 2012 Showcase and Public Review will be held during the November Department N meeting on November 3<sup>rd</sup>, 2011 at 6:30 p.m. Each club must have a Showcase representative attend the Department N meetings to plan for this big event next spring. **Clubs not sending representatives may not be allowed to have their members participate.** This would be a good time to encourage a teen leader to attend along with the adult leader. With each club helping last year, the event was a big success.

## 2011 ROCKY MOUNTAIN SEWING & CRAFT FESTIVAL

The 2011 Rocky Mountain & Craft Festival will be held at the Shrine Auditorium Sept. 29, 30, and Oct. 1, 2011. Classes offered will be hands-on and lecture/demo.

The schedule of classes can be found on the Yellowstone County Website Home page:  
[www.co.yellowstone.mt.gov/extension](http://www.co.yellowstone.mt.gov/extension)

If you have any questions contact Bernie (256-2828) at the Extension Office.

## LIVESTOCK NEWS ...

### FAIR BOOK CHANGES FOR 2012

#### Department A

August 31<sup>st</sup>, 6:00 pm – Post Fair Department A meeting  
 September 21<sup>st</sup>, Horse & Colt Meeting – 6:00 pm  
 September 28<sup>th</sup>

Small Animal Committee Meeting – 6:00 pm

Sale Committee Meeting – 6:30 pm

Livestock Committee Meeting – 7:30 pm

October 3<sup>rd</sup> – Fair rule change proposal forms due to the Extension Office.

October 19<sup>th</sup> – Horse & Colt Meeting – 6:00 pm

**November 2<sup>nd</sup>** – Livestock fairbook changes voted on at these meetings.

Small Animal Committee Meeting – 6:00 pm

Sale Committee Meeting – 6:30 pm

Livestock Committee Meeting – 7:30 pm

**November 3<sup>rd</sup>** – 4-H Council Meeting 7:00 pm. All fairbook changes (**Department N & A**) proposed from the committees will be voted on at this meeting.

**All members, leaders and parents are encouraged to attend the meetings and voice their opinions.**

The Livestock Leaders Committee will preside over the 4-H Livestock program as deemed necessary and will be comprised of the following people who will be eligible to vote at meetings (Exception: In order to vote on yearly rule and policy changes, you must have attended the discussion of the proposal at the post fair meeting and/or the September meeting.)

- A) **4-H members** enrolled in the Livestock Program
- B) **Junior Leaders** – a member enrolled in the 4-H Livestock Program who is 14 years of age or older and is a member in the Livestock Program.
- C) **Livestock Leaders** – Adult volunteers enrolled as leaders in a livestock project who work with members to gain knowledge. Leaders are encouraged to attend the monthly Livestock Leaders Committee meeting and encourage their members to do the same. They should inform themselves and members of upcoming activities, decisions and deadlines.

A quorum will consist of members eligible to vote and who were present at the discussion meeting. Discussion meetings are held two weeks after the fair and in September. Fairbook changes are voted on at the October Livestock Meetings. Council will vote on changes at their November meeting.

## THANK YOU

Thank you to Dept. A Superintendent Deb Barta-Grice, the Department A Clerks and Division Chairpersons for their hard work and organization during the fair. Thanks for all of the time and your willingness to answer the millions of questions put to you each day with little recognition. You are appreciated for your volunteer work!  
 ~ Roni Baker

## 2011 JUNIOR LIVESTOCK SALE

Be sure to let the individual or business who bought your animal know how much you appreciate their support. **Sale checks will be mailed after it is confirmed that your thank you's have been sent** and the buyers have paid for the animal. This will take at least 30 days.

## POST FAIR 4-H HORSE SHOW MEETING

A Post Fair meeting will be held on Wednesday, September 21<sup>st</sup>, at 6:00 p.m. in Room 105 of the Courthouse. The Horse and Colt Committee would like your input on the 2012 Montana Fair 4-H Horse Show. Come and let us know what you liked, what worked well and how we could improve for next year's fair.

## DOG SHOW RESULTS

The Dog Show went extremely well. Thanks to the Dog Chairman Sheila Ruble and Brooke Delaware. Congratulations to all dog show participants. There were a lot of nice dogs that were exhibited by 4-Hers.

### Sub- Novice:

1. Annie Hollie
2. Crystal West Jr.
3. Maddie Fink
4. Melissa Czarny and Danica Hoppman

### Novice:

1. Ouana Harkins
2. Ella Wilkinson
3. Rebecca Quanbeck
4. Stormy Penn

## STATE HORSE SHOW

This show will be held September 30<sup>th</sup>-October 2<sup>nd</sup> at the Eastern Montana Fairgrounds in Miles City, MT. This year's theme is "Just Horsin' Around." State Horse Show books and registration forms are available at the Extension Office or online at:

<http://www.montana4h.org/#program:34>

Entries need to be postmarked by September 9<sup>th</sup>. No late entries will be accepted after Sept. 16<sup>th</sup>.

## NILE MERIT HEIFER

The Merit Heifer program is a live animal scholarship. It is the goal of the NILE to provide a positive educational experience for youth everywhere. The purpose of the project is to help youth get a start in the beef cattle business by awarding heifer calves to project participants chosen on the basis of merit, need, future goals and ability to care for the animal. Any youth ages 13-17 (as of September 15, 2011), who is a 4-H or FFA member may apply. The application deadline is September 15.

Applications and full requirements are on the Nile website at [www.thenile.org/youth-merit-heifer/](http://www.thenile.org/youth-merit-heifer/)

## NILE LIVESTOCK JUDGING CONTEST

Big changes for NILE this year. The Montana FFA foundation has taken over what used to be called "Ag Days" and the event will be moved to Billings, Nov. 3-5, 2011, and be called the Student Ag Expo (SAE). The number of contest events has expanded and is open to any FFA Chapter or 4-H Club in the country. The Horse Contest will not take place this year. Livestock Judging will not take place during NILE this year.

More information about the contests and events will soon be available at [www.montanaffa.org](http://www.montanaffa.org)

**Anyone interested in competing on the judging team please contact Roni at the Extension Office.**

## MONTANA HORSE HELMET POLICY 2011-2012

A certified equestrian helmet with safety harness fastened is required in over fence classes and speed events at shows and any practice sessions (clinics, open riding).

Participants in the 4-H horse project are required to attend a helmet education workshop and/or view the video "Every Time, Every Ride" once as a junior 4-H member (age 9-13) and once as a senior 4-H member (14 & over). The Montana 4-H Center for youth encourages the use of ASTM certified/SEI approved safety helmets for all equine events. Helmet use is encouraged in all 4-H horse activities any time a 4-H member is around a horse. Watch for scheduled horse helmet workshops in the 4-H newsletter.

## CLUB MINUTES

The following clubs turned in minutes this month:

**Blue Creek Jumping Bucks** – We decorated our booth and discussed the fair.

**City Slickers** – Fair plans and activities were reviewed.

**Ruff Riders** – We held our annual picnic in July.

## 4-H LINGO

We realize that 4-H lingo can be overwhelming. These terms will help you become more familiar with 4-H.

**Enrollment Form** – To be filled out by both members and leaders at the beginning of each 4-H year which is October 1. Members and leaders will “enroll” in the projects they wish to participate in or assist with as well as provide contact information.

**Extension Agent** – An Extension staff member with a specific subject matter responsibility.

**Extension Service – USDA (US Dept. of Agriculture)** – The 4-H and Youth Division of the Extension Service responsible for the 4-H program across the nation. Housed in the Department of Agriculture in Washington, D.C., this staff provides resource assistance to state, county and local 4-H programs. The division collects and interprets research in youth education.

**National 4-H Week** – A week set aside to increase public understanding of 4-H. Usually the first full week in October; it is the time for promotion of the 4-H program.

**Organizational Leader** – The volunteer who is in charge of a 4-H club. They are generally responsible for administrative duties, and making sure that the meetings go smoothly. A club may have more than one organizational leader.

**Teen Leader** – Senior 4-H’ers with previous 4-H experience who provide leadership in the 4-H program. The teen may provide support or total leadership for an activity or project.

## PARENTS! 4-HEALTH SEEKS YOUR PARTICIPATION

Parents of preteen kids (ages 8-12) are welcome to participate in a new education and research project that provides healthy living information.



The 4-Health program builds on the strengths of 4-H families to discover how nutrition, physical activity, positive body image, and effective parenting combine to improve the health of families. By participating in the 4-Health program, you can help improve the health of your family, schools, and rural Montana communities. Learn what’s new in healthy living. Guide your kids to a healthy future and contribute to the science of healthy living.

Here’s how to participate:

Parents can participate in the 4-Health education and research program. The program consists of ten interactive sessions and two assessment sessions (in which your kids participate). Participants will receive travel compensation, data collection session stipends, and a monetary award upon completion of the program. (Program runs Sept. 2011 ~ May 2012.)

For more information and to participate, please contact Roni Baker or Bernice Mason no later than Sept. 19<sup>th</sup> at 256-2828.





**MONTANA**  
STATE UNIVERSITY

**EXTENSION**

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# ATTENTION: THIS IS YOUR 4-H NEWSLETTER

The U.S. Department of Agriculture (USDA), Montana State University and the Montana State University Extension Service prohibit discrimination in all of their programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, and marital or family status. Issued in furtherance of cooperative extension work in agriculture and home economics, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture, Douglas L. Steele, Vice Provost and Director, Extension Service, Montana State University, Bozeman, MT 59717.

**4-H: The Youth Development Program of MSU Extension**

*The MSU Extension Service is an ADA/EO/AA/Veteran's Preference Employer and Provider of Educational Outreach.*